

September 2024 FCS/Homemaker Newsletter



Trigg County Cooperative Extension
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Greetings,

I am honored to share with you that I will be celebrating my 1 Year Anniversary as the Trigg County Family & Consumer Sciences Agent on September 5th! My career as an educator has allowed me to experience several terrific jobs. However, I can honestly say that out of all of the places my career has taken me, THIS position is my favorite! I am enjoying getting to know more and more Homemakers, and I love working with you as we get to share knowledge, skills, and experiences with others, to enhance the lives of the fabulous community members in Trigg County! I am truly thankful, blessed, and excited to see what the future has in store for us as we continue to "Blaze the Way with KEHA"!

Blessings,

Teresa

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Follow us on Facebook: Trigg County Cooperative Extension Family and Consumer Sciences



Trigg County Ham Festival Information

Ham Festival Exhibits:

We will be needing volunteers to help at the Ham Festival! We plan to discuss this at our Council Meeting on Sept. 9th.

We will need volunteers on Thurs. Oct. 10th 9:00 am to 12:00 pm, to help Register our Exhibitors, and those to receive Entries at Arts & Crafts, Bake-Off, Canning, and Pork Entries. We will also need help on Saturday, Oct. 12th from 3:00 to 5:00 pm as the Exhibitors pick up their items.

In an attempt to be available for those who work, we will also be receiving entries on Wednesday, Oct. 9th from 3:00 to 6:00 pm, and we may need 1 or 2 to help with that, also.

I have included an updated list of Categories for Entries, Rules, etc. in this Newsletter. Plus the Agriculture Categories.

Also, if anyone has a Floor Easel and/or some Table Top Easels to donate or even allow us to borrow for the Art Exhibits, we would greatly appreciate it!

**Please bring your items out for the Contests!
Remember, there are monetary prizes
as well as ribbons!**

Cooperative Extension Service

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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities
accommodated
with prior notification.

UP-COMING EVENTS:

* PLEASE let me know asap if you plan to attend Sept. 9th as I want to have enough food, materials etc. for all.

* Also, PLEASE call or email by Sept. 13th to sign up for the Trigg County Annual Meeting on Sept 30.

* PLEASE call/email by Sept 30 to sign up for Area Annual Meeting on Oct. 18. And \$18.00 is due to Trigg County Extension Office by Sept. 30th.

Tuesday, Sept. 3 and 17th, 1:30 - 2:30 pm

BINGOcize at the Library: Health/Nutrition Info and Exercises mixed with Bingo! FUN & PRIZES

Monday, Sept. 9, Trigg County Ext. Office

10:00 am **Homemaker Council Meeting**

12:00 **Lunch**

1:00 **Officer Training Workshop** All Homemakers are welcome to attend any part of this day. I just ask that you let me know asap for accurate count.

Tuesday, Sept. 10th & 24th, 9:30 am

Wits Workout Brain Health at the Senior Center

Monday, Sept. 30th, 4:30 pm

Trigg County Homemakers Annual Meeting at the Senior Center. Bring a potluck dish (meal at 5:15), and a donation for Simple Blessings.

Tuesday, Oct. 1st 10:00 am

October Lesson Training: "Self-Care: Meaningful Social Connections"

Tuesday, Oct. 1st & 15th 1:30 - 2:30 pm

BINGOcize at the Library (first and third Tuesday each month)

Tuesday, Oct. 8th & 22nd, 9:30 am

Wits Workout Brain Health, (second and fourth Tuesday each month)

Wednesday, Oct. 9th, 3:00—6:00 pm

Ham Festival Entries can be Entered/Dropped Off at Cadiz Baptist Church Annex

Thursday, Oct. 10th, 9:00 am—12:00 pm

Ham Festival Entries can be Entered/Dropped Off at Cadiz Baptist Church Annex

Thursday, Oct. 10th, 17th, 24th, and 31st

Beginning Crochet Class at Trigg County Extension Office.

Saturday, Oct. 12th 3:00—5:00 pm

Ham Festival Entries can be picked up

Friday, Oct. 18th, 10:00 am

Pennyrile Area Homemakers Annual Meeting at the Grand Rivers Community Center, 155 W. Cumberland Ave, Grand Rivers, Ky 42045

Club Dates & Times

Roaring Springs,

2nd Monday each month, 6:00 pm

Happy Homemakers,

2nd Monday each month, 6:30 pm

Ebony Twilight,

2nd Saturday each month, 1:00 pm

Millennial Homemakers,

Last Thursday each month, 5:30 pm

Mailbox Members,

Receive info/lessons by mail

(Dates/times are subject to change)

October's Homemaker Lesson Training

Lesson Leaders, please plan to attend the training/watch party on Tuesday, Oct. 1st at 10:00 am, Trigg County Extension Office.

You will also receive lesson materials at this time to take back to your club.

Thank You!!!

Kentucky Homemakers Creed

I believe in the home as an inspiring and happy center of family life — comfortable, attractive — a place for relaxation and work, where pleasures and responsibilities are shared.

I believe in the home and its contribution to community life, which reflects the development of the homemaker and the family.

I believe in the homemaker — alert, diligent, in search of better ways of doing ordinary things, for the welfare and happiness of the family.

I believe in the homemaker as a community leader, responsible for passing on to others mastered skill and knowledge.

I believe in the fellowship that comes through the homemakers' organization — the exchange of ideas and the joy of knowledge shared with others, thus broadening our lives, and lifting household tasks, above the commonplace.

For these opportunities, I am grateful. I am also thankful for the courage of yesterday, the hope of tomorrow, and a growing consciousness of God's love always.

—Jefferson Homemakers Club