

# October 2024 FCS/Homemaker Newsletter



### Trigg County Cooperative Extension

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Facebook: Trigg County Cooperative  
Extension Family and Consumer Sciences

### Greetings,

On Sept. 30th, the Trigg County Homemakers held their Annual Meeting, complete with a delicious potluck meal, fabulous fellowship, officer installation, door prizes, speakers Lilly Sue Bostick and Chrissy Bush from Simple Blessings, and a lovely round of "Happy Birthday" to our Trigg County President, Lisa Strader. It was a lovely evening!

In this newsletter you will find pictures from the Annual Meeting of our county officers and the guest speakers, the date for the November Lesson Training, our upcoming events and the contest winners from the Ham Festival Entries, and more! I have also included a 2024-2025 Homemaker Enrollment Form. Please fill out and return with \$12 Dues to our office or your Club President by the end of October. If you have already done this, share this form with someone else! Let's grow our Homemaker Clubs!

### Blessings,

Teresa  
(270) 522-3269  
teresa.garcia@kysu.edu

Follow us on Facebook: Trigg County Cooperative  
Extension Family and Consumer Sciences



Trigg County Homemaker Officers and Chairmen  
for 2024-2025 from left to right:

- Gay Ledford: International
- Lina Sverlow: Management & Safety
- Janice Curtis: Leadership Development
- Relissa Torian: Food, Health, & Nutrition
- Shirley Ingram: Environment, Housing, & Energy
- Not present: Janeen Tramble: Cultural Arts & Heritage
- Not present: Tanya Boyd: Family & Individual Development
- Laura Medley: Secretary/Treasurer
- Janet Smith: Vice President
- Lisa Strader: President



Guest Speakers  
from  
Simple Blessings  
Ministry

Lilly Sue Bostick  
And  
Chrissy Bush

### Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

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Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.

**Thank You to everyone who entered items in the Ham Festival! Following are the Overall 1st, 2nd, & 3rd Place winners.**

**ARTS & CRAFTS**

**1st Place: Martha Metcalfe**



**2nd Place: Janet Smith**



**3rd Place: Marcia Fowler**



**BAKE-OFF**

**1ST Place: Carolyn Bland**  
**Fried Pies**

**Recipe:**  
Your favorite Pie Crust  
Dehydrated Peaches and Apples  
Cook and add sugar to taste  
Roll crust and cut, add fruit  
Fold and Crimp  
Fry in oil until golden brown

**2nd Place: Kathy Gibson**  
**Chocolate Mint Cookies**

**3rd Place: Susan Wright**  
**Orange Cardamom Tea Bread**

**CANNING**

**1st Place: Carolyn Bland**

**2nd Place: Raymond Dawes**

**3rd Place: Lynda Lyons**



**PORK RECIPES**

**Appetizer:**

**1st Place: David Sumner**  
**Bacon Wrapped Pickles**

**Main Dish:**

**1st Place: Raymond Dawes**  
**Smoked Boston Butt**

**2nd Place: Carolyn Bland**  
**Sausage Stuffed Shells**

**3rd Place: Debbie Holder**  
**Brown Sugar Chops**

**Casserole:**

**1st Place: Raymond Dawes**  
**Pork Chop Potato Casserole**

**2nd Place: David Sumner**  
**BBQ Pulled Pork Spaghetti**

## Our 2024 Ham Festival Judges

### Arts & Crafts:

Debbie Hixon is a former Elementary Teacher and has been the Family and Consumer Science Agent in Calloway County for almost 2 years. She shared that she was also a 4-H member for 10 yrs.

Penny Mitchell retired from Pennyrile Electric. She gained her love for creating arts and crafts from her mother who taught her to sew and crochet. Penny enjoys teaching arts and crafts every Monday at The Way. She enjoys teaching the youth decoupage, painting, jewelry making, etc.

### Bake-Off:

Betty Adams is a retired Culinary Arts Instructor from Gateway Academy in Christian County. Betty also judged the Pork Recipes this year with her husband, Judge Adams.

April Stagner has been the owner of The Sunflower Treats and Coffee for 2 1/2 years. She started baking around the age of 10 when she attended a "pie class" in 4-H, and she has been baking ever since.

### Canning:

Vicki Wynn has been the Marshall County Family and Consumer Science Agent for 26 years. She said she always enjoys seeing the different items people enter. She added, "I see something new every year."

Marsha Parker is a retired Christian County Extension Agent with 28 years as an Family Consumer Science Agent and 2 years as a 4-H Agent. She shared that she would love it if people would enter even more exhibits. She stated, "Bring it on out!"

### Pork Recipes:

Judge Jim Adams is a retired Christian County District Judge. He enjoyed judging the Pork Recipes this year with his wife, Betty Adams, who also judged the Bake-Off.

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**I would love to hear any suggestions  
about the Ham Festival Contests!  
It is our goal to make it as great an experience  
as possible for everyone involved!**



Debbie Hixon and Penny Mitchell



April Stagner and Betty Adams



Marsha Parker and Vicki Wynn



Judge Adams and Betty Adams

**UP-COMING EVENTS:**

**Friday, Oct. 18th: Pennyrile Area Annual Meeting In Grand Rivers** Community Center, 155 W. Cumberland Ave, Grand Rivers, Ky 42045  
We have 10 homemakers registered and paid to attend. Let me know if you all want to meet at the Ext. Office and carpool.

**Beginning Crochet Classes:**

Taught by Heather McNichols, Thursday 10/10, 10/17, 10/24, and 10/31. 4:00 to 5:00 pm

**Bingocize:**

1:30 to 2:30 pm  
1st and 3rd Tuesdays/month at the Library and the 2nd and 4th Tuesdays/month at the Extension Office

**Wits Workout:**

2nd and 4th Tuesdays each month, 9:30 to 10:30 am at the Senior Center

**Trigg County Extension Office will be closed on November 5th for Election Day!**

**Club Dates & Times**

**Roaring Springs,**  
2nd Monday each month, 6:00 pm

**Happy Homemakers,**  
2nd Monday each month, 6:30 pm

**Ebony Twilight,**  
2nd Saturday each month, 1:00 pm

**Millennial Homemakers,**  
Last Thursday each month, 5:30 pm

**Mailbox Members,**  
Receive info/lessons by mail  
(Dates/times are subject to change)

There is a lot of information in this newsletter. Please know, if I have made any errors, it was absolutely unintentional. Please let me know so I can correct the errors. Thank You!

**November's Homemaker Lesson Training**

**Lesson Leaders, please plan to attend the lesson training/watch party on Tuesday, Oct. 29th at 10:00 am, at the Trigg County Extension Office.**

**You will receive lesson materials at this time for your Club Members.**

**And a Big THANK YOU to those clubs who are already attending these trainings, and also submitting back to me your monthly Club Reports including Evaluations of the Lessons! I have to submit reports that include this information and I value your assistance!!!**

**Please let me know if there is anything I can do to make this an easier process for you!**

**October is Homemaker Enrollment Month!**

**Please fill out and return your 2025 enrollment form (included) and submit it to the Extension Office with your \$12 dues by the end of October if at all possible. If you have already done so, think of someone who may enjoy Homemakers and invite them! Let's see which club can grow this most this year!**