



Trigg County Cooperative Extension 2657 Hopkinsville Rd Cadiz, KY 42211 270-522-3269 David Fourqurean ANR Agent

Greetings, Trigg County Producers,

It's a true honor to write to you today — not just as your new Agriculture and Natural Resources Agent, but as someone who proudly calls Trigg County home. Returning to my roots and serving the community that shaped me is both humbling and exciting.

I'm looking forward to reconnecting with familiar faces and getting to know the next generation of producers who are continuing to build on our county's strong agricultural legacy. Together, we have the opportunity to strengthen our farms, our families, and our future — and I'm committed to advancing Extension efforts

that meet your needs, right here at home.

Whether you're raising crops, managing livestock, stewarding our natural resources, or just looking for the latest research-based information, I'm here to support you. Please don't hesitate to reach out or stop by the office — I'm eager to hear your ideas, learn from your experiences, and work alongside you to keep Trigg County agriculture thriving.

Here's to growing forward, together

Warm regards,
David Fourqurean
Agriculture & Natural Resources Agent
UK Cooperative Extension – Trigg County

David Fourqurean, Vicki Shadwick and Jay Stone have joined up to bring you

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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT





## Better pastures equals healthier herds

Rotational stocking, often referred to as rotational grazing, is a powerful technique that can bring a range of benefits to all types of livestock as well as the land. By dividing large pastures into smaller paddocks and moving animals through them on a planned schedule, farmers can give each grazed area a rest period, allowing for regrowth of leaf area lost to grazing and replenishment of stored carbohydrates that were utilized to fuel regrowth. When producers shift from continuous grazing to a rotational system, they often see dramatic improvements in pasture productivity, soil health and even animal behavior.

One of the primary advantages of rotational grazing is enhanced pasture productivity. When animals graze one paddock at a time and then move on, the plants in the grazed paddock have a chance to rebound. During this rest period, forage plants can restore their carbohydrate reserves and recover more completely from being grazed. This not only boosts the quantity of forage available over time but also maintains better and more consistent nutritional quality. In contrast, continuous grazing—where livestock stay in the same pasture all season—often leads to overgrazing, weaker plants that are more susceptible to stresses and progressively lower yields.

Improved nutrient distribution is another significant plus. Rotating animals means they spread manure evenly around the paddocks rather than depositing it heavily in just a few favorite areas (like watering or resting spots). Because manure is a natural fertilizer, more uniform distribution helps replenish the soil and encourages consistent plant growth. A continuous grazing system, on the other hand, may result in "hot spots" of manure accumulation. This concentrated nutrient load can

negatively impact both plant growth and the environment around those areas.

A well-managed rotational grazing system also offers increased drought tolerance. With planned rest periods, plants develop deeper, stronger root systems. These robust roots allow the plants to access water further below the surface, which can be crucial during dry spells. In a continuously grazed pasture, plants rarely get the downtime they need to fully recover, leaving them more vulnerable to stress when rainfall is scarce. As a result, fields under rotational management often grow longer into drought periods and recover faster when conditions improve.

Another practical benefit of rotational stocking is easier animal handling. When paddocks are set up with well-designed lanes and strategically placed water sources, moving livestock becomes more straightforward. In addition, more frequent contact with animals allows livestock to associate human interaction with something positive...fresh grass. This greatly reduces the stress and chaos commonly associated with animal handling in open pastures. Properly placed lanes can also help control erosion, ensuring that foot traffic and machinery movement do not damage sensitive areas of the pasture.

Rotational stocking can be a game-changer for anyone looking to optimize pasture health and livestock performance. By giving plants time to recover, distributing nutrients more evenly, building drought resilience and streamlining animal handling, rotational grazing can deliver long-lasting improvements to farm operations. Whether you're raising cattle, sheep, goats or other grazing animals, this strategy can help you optimize productivity and at the same time protect land and water resources for future generations.

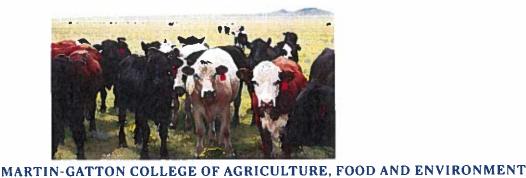
Contact your local Trigg County Extension office for more information on how to maintain healthy

pastures.

Source: Christopher Teutsch, UK extension associate professor and forage specialist

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## After A Big Rain: N Loss, Erosion, and Other Things

John Grove<sup>1</sup>, Chris Teutsch<sup>1</sup>, Edwin Ritchey<sup>1</sup>, Brad Lee<sup>1</sup>, Glynn Beck<sup>2</sup>

As we write this article, it is still raining – towards an unknown but large amount of rainfall (Fig.1). Credit for stimulating this piece goes to Andy Mills (Meade County ANR agent) and Chris Teutsch, who started the conversation around Andy's question about potential loss of fertilizer nitrogen (N) from recently fertilized hay and pasture fields. We hope to help folks understand what we do and don't know about what happens in these unusual situations. Three basic scenarios; fertilized grass (hay and pasture), fertilized wheat, and fertilized fields intended for corn are discussed. The story has been expanded a bit to cover some other questions that are asked after events like this.

Factors impacting N loss in grasslands. With heavy rain like this, fertilizer N loss from fertilized grass sods depends on several factors: 1) the length of time between the rainfall event and the fertilization event; 2) the ability of the sod to take up the applied N (is sod actively growing and dense enough both above and belowground (and rooted deep enough belowground); and 3) the amount of N applied. The Kentucky grasslands that have been fertilized are made up of cool-season grasses that take up nutrients at air/soil temps above 40 °F and are actively growing at 55 °F. Stronger (thicker, denser, and deep rooted) sods took up more fertilizer N each day before this heavy rain began. That said, there will be a larger amount of unused fertilizer N when the number of days between fertilization and rainfall were fewer and/or with a larger rate of N application relative to N uptake by the grass. More N will be lost when 80 lb N/acre was applied 4 days before this rainy period to an overgrazed pasture that is thin above ground and not deeply rooted than when 50 lb N/acre was applied 12 days ago to a hay field with a thick stand and well-developed root system. As the crop is perennial, a grassland field's N nutritional status can be adjusted later in the season, in anticipation of future harvests.

Factors impacting N loss in wheat fields. Kentucky wheat fields are actively growing, and most have received the full amount of fertilizer N intended for this season. The same three factors: length of time between rainfall and N fertilization; ability of the growing wheat to take up the N fertilizer; and the amount of N applied all impact N loss. Whether the was applied in a single dose or split applied is another factor. Wheat has been growing for the past 6 to 7 weeks, taking up both soil and fertilizer N. Better stands with more tillers and more tiller development will have acquired more N – especially if planted earlier and fertilizer N was split into two applications. Fertility programs were essentially complete by 15 March in many Kentucky wheat fields. Still, more N probably remains in the soil, and N loss potential is greater, when 120 lb N/acre was applied on 15 March to a wheat field planted on 15 November than when 60 lb N/acre was applied on both 20 February and 15 March to a wheat field planted on 15 October. The latter likely had greater tiller numbers, tiller growth and rooting depth. At this stage of Kentucky wheat crop growth and development, much of any yield loss will be due to the duration of saturated soil conditions/ponding (low oxygen) and not due to low soil N status. Wheat has taken up much of the fertilizer N (that it could take up). A yield benefit to additional N is less likely. Additional N applied as these soil conditions improve to support field traffic tis more likely to improve grain protein levels than yield.





Figure 1. Ponded water in a Caldwell County wheat field. Photo courtesy of Edwin Ritchey.

Factors impacting N loss in fields intended for corn. At this time, N losses are probably more important in N fertilized fields intended for corn than in wheat, hay or pasture fields. Very little corn has been planted. There may be some living plant cover (either weeds or cover crops) that could take up fertilizer N in these fields, and the same considerations as indicated for a living grass sod would apply, though the root system under most winter weeds and cover crops tends to be less extensive/deep. However, in western Kentucky many weeds and cover crops have already been terminated with herbicide and pre-plant N fertilization rates can be large (Fig. 2). The terminated plant cover remains important to controlling another big driver of N loss from these corn fields – soil erosion. Any surface tillage, even vertical tillage, loosens the soil, breaks up residues and accelerates both soil erosion and crusting (which causes even lower infiltration and more runoff). Even if surface applied fertilizer has dissolved and moved into soil aggregates, out of the reach of leaching and before denitrification has started, heavy rainfall can exceed soil infiltration rates, causing runoff to erode nutrient-rich topsoil.



Figure 2. Ponded water in a Caldwell County row-crop field where the cover crop has been terminated. Photo courtesy of Edwin Ritchey.

<u>Runoff and erosion drive N losses in fields intended for corn.</u> At present, runoff and eroded soil nutrient losses are less likely in grassland and wheat fields because the soil is covered with living plants. Runoff water from small watersheds located in Kentucky row-crop farm fields is being collected and analyzed for nutrient



amounts and forms (Table 1). The particulate/organic forms of these nutrients are entirely due to erosion of mineral particles and organic matter while the dissolved nutrients are more directly derived from fertilizers. From 40 to 50% of runoff-borne N and P results from erosion. Potassium (K) loss patterns would likely be similar.

Table 1. Nitrogen (N) and phosphorus (P) losses over one crop cycle (2 years) from small watersheds under corn/full season soybean or corn/wheat/double crop soybean rotations.<sup>3</sup>

Cropping System	Monitoring Stations	Nutrient	Total Loss	Particulate or Organic	
			lb/acre	% of To	tal Loss
Corn – Soybean	10	N P	38 ± 19 9 ± 4	53 44	47 56
Corn – Wheat – Soybean	8	N P	$36\pm21\\6\pm2$	41 49	59 51

<sup>&</sup>lt;sup>3</sup>Blue Water Farms on-farm project research results. Supported by five anonymous row-crop landowners/producers; USDA-NRCS-EQIP program; Kentucky Soybean Promotion Board; Kentucky Agricultural Development Board; University of Kentucky Agricultural Experiment Station; and Kentucky Geological Survey.

Remaining fertilizer N susceptible to leaching and denitrification. The fertilizer N that remains is vulnerable to either leaching or denitrification. Those two modes of N loss are driven by other factors. These include the: 1) amount and rate of rainfall; 2) soil infiltration rate and duration; 3) soil drainage; 4) soil texture and structure; and again 5) length of time between the rainfall and fertilization events. Nitrogen fertilizers are very soluble and quickly dissolve into the pore water contained in moist soils - at this time of the year all Kentucky soils are moist. The dissolved N, whether urea (urea is soluble in water – is used in UAN: urea-ammonium nitrate solutions) or nitrate-N, diffuses throughout the pore water found both in and outside soil aggregates. The longer it is between N application and heavy rainfall, the more time for diffusion to carry dissolved N into aggregates.

<u>Leaching losses of N.</u> When the soil infiltration rate is above average and the rainfall rate and/or rainfall quantity are high, the moving percolating water strips away (leaches) dissolved N that lies in pore water outside the soil aggregates. The percolating water moves especially well through larger pores (macropores) in well and moderately well drained soils. But the pore water found inside the aggregates is 'bypassed' by the macropore flow and the dissolved N therein is not leached. Tile drainage can increase macropore flow, soil water percolation rate and nitrate-N leaching, especially when fertilizer N application was only a few days before the heavy rain.

<u>Denitrification N loss more important than leaching N loss in Kentucky.</u> Denitrification is the biological conversion of nitrate-N to dinitrogen (N<sub>2</sub>) or nitrous oxide (N<sub>2</sub>O), both gases. Although leaching is more immediate than denitrification because the latter is biologically driven and takes 2-3 days to get going, in Kentucky denitrification N losses are more important because of the large number of acres with restrictive layers (e.g. fragipans) and poor drainage (both somewhat poorly and poorly drained) that impede water percolation, causing soil saturation and water ponding.

Nitrogen source can impact N loss. Fertilizer N source can impact N loss potential after heavy rain (Table 2). Both leaching and denitrification losses start with nitrate-N. Applied UAN and ammonium nitrate are 25 and 50% nitrate-N at the outset, respectively, and losses can be more immediate than if urea was used. Injected anhydrous ammonia suppresses soil biology and biological N transformation in the injection volume for a time, remaining longer as ammonium-N. Use of a nitrification inhibitor (nitrapyrin/N Serve,



dicyandiamide/DCD or pronitridine/Centuro) further delays nitrate-N formation and N loss. Well and moderately well drained (including tile drained) upland soils wet from a series of rains probably are more likely to have some leaching loss - will not experience much denitrification prior to draining. Soil in lower landscape positions that stays saturated longer will likely lose N to denitrification. Losses can be calculated by estimating 3 to 4 percent loss of fertilizer NO3-N for each day of saturation.

Table 2. Proportion of applied fertilizer N converted to nitrate-N at 0, 3 and 6 weeks after application.<sup>4</sup>

Fertilizer N Source	Weeks After Fertilizer N Application			
retuitzet in Source	0	3	6	
	% of fertilizer N as nitrate-N			
Anhydrous ammonia (AA, 82-0-0)	0	20	65	
AA with nitrification inhibitor	0	10	50	
Urea (46-0-0)	0	50	75	
Urea with nitrification inhibitor	0	30	70	
UAN <sup>5</sup> (28, 30, 32-0-0)	25	60	80	
Ammonium Nitrate (34-0-0)	50	80	90	

<sup>&</sup>lt;sup>4</sup>Table data compiled by Lloyd Murdock.

An example situation: Corn grower has applied 200 lb N/acre as urea to a field made up of somewhat poorly drained soils 3 weeks before the rain began. Because of the series of heavy rains, the field was saturated for ten days. How much N was lost? Note: It is common that only portions of the field are saturated, and that the ponded field area decreases with time. This means that this calculation could be done to represent the best case, average, or worst case for the field.

Step 1: Calculate the amount of applied N that was in the nitrate-N form when saturation began. According to Table 2, 50% of the urea-N was in the nitrate-N form three weeks after application and: 200 lb N/acre x (50%/100%) = 100 lb nitrate-N/acre.

Step 2: Calculate the amount of N loss. Conservatively, only two days are needed for soil biology to begin the denitrification process, so the field denitrification losses occurred over the remaining eight days of saturation. Again, conservatively, assuming 4% was lost each day for eight days, then 32% of the nitrate-N would have been lost.

100 lb nitrate-N/acre x (32%/100%) = 32 lb nitrate-N/acre was lost. 200 - 32 = 168 lb fertilizer N/acre would remain. The N loss calculated in this example is not as high as many people would assume.

<u>Soil nitrate testing.</u> A soil nitrate-N test can help verify the calculated estimate of nitrate-N remaining in the field. Each soil sample should consist of about 15 cores taken to a depth of 12 inches, hand crushed and well mixed before filling a soil sample bag with the appropriate amount of soil and shipping immediately to a soil test lab (several labs, including Waters Ag Labs in Owensboro and Waypoint Analytical in Memphis, perform the test). Separate samples should be taken for upper and lower landscape positions, for well, moderately well, somewhat poorly and poorly drained soils, for fragipan and no-fragipan soils; and/or for undrained and tile drained field areas. Test results can be used to decide whether more N, and if yes, how much, is needed.

<u>Other things of note.</u> Unattached crop residue tends to float, and wind will push it across ponded waters, leaving piles of residue at the water's edge as it drains away. Minimize loose residue with appropriate combine

<sup>&</sup>lt;sup>5</sup>UAN = urea-ammonium nitrate solutions.



settings during harvest and by avoiding post-harvest residue mowing or tillage. Implementing these BMPs helps maintain a larger proportion of soil-attached residues that serve to limit floating residue movement and piling if ponded water is shallow. Figure 3 illustrates the consequences of depending on crop residue for erosion control.



Figure 3. Soil erosion in a no-till field covered with residue but lacking a good cover crop. Photo courtesy of Brad Lee.

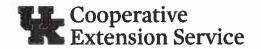
Ending on the positive, soil compaction due to the weight of water over soil during ponding is truly not a problem. Soil scientists get asked about this regularly. Soil pores are filled with water (soil air is expelled) as ponding begins and water-filled soil can't be further compressed by the weight of water above.

<sup>1</sup>Extension/Research Faculty, Plant and Soil Sciences Department.





<sup>&</sup>lt;sup>2</sup>Hydrogeologist, Kentucky Geological Survey, University of Kentucky



# Slow Cooker Asian Pork Tacos

Pork prep time: 10 minutes

Pork cook time: 3-7 hours (depending

on temperature of slow cooker)
Slaw prep time: 20 minutes

#### **Pulled Pork Tacos**

- Nonstick cooking spray
- 2 pounds pork tenderloin
- 1/2 teaspoon salt
- 1/4 teaspoon ground black pepper
- 1/4 teaspoon ginger powder (or 1 tablespoon fresh ginger)
- 1 teaspoon garlic powder (or 3 whole garlic cloves smashed and peeled)
- 1 cup hoisin sauce
- 12, 6-inch tortillas for serving

#### **Asian Peanut Slaw**

- 1/4 cup vegetable oil
- 2 tablespoons white vinegar
- 1 tablespoon honey
- 1 tablespoon low-sodium soy sauce
- 1 bag (12 ounces) coleslaw or broccoli slaw
- 1/2 cup dry roasted unsalted peanuts, chopped (optional)
- 2 green onions, chopped
- 1 cup cilantro, chopped
- Wash hands with warm water and soap, scrubbing for at least 20 seconds.
- Coat a slow cooker with nonstick cooking spray. Place pork tenderloin in the slow cooker and season with salt, pepper, ginger, and garlic. Wash hands after handling raw meat.
- 3. Pour the hoisin sauce over top of the pork. Cover and cook on high for 3 to 4 hours or low for 5 to 7 hours until the pork reaches a minimum internal temperature of 145 degrees F using a food thermometer.



- 4. Transfer the cooked pork to a plate and shred with two forks. Return to slow cooker and stir it together with the sauce. Leave in the slow cooker on "warm" until ready to serve.
- 5. While the pork cooks, make the slaw. In a large bowl, combine oil, vinegar, honey, and low-sodium soy sauce. Add slaw, peanuts, green onions, and cilantro. Toss to combine.
- 6. To serve, warm the tortillas in microwave for a few seconds, covered with a damp towel to keep them moist. Fill with shredded pork, then top with Asian Peanut Slaw. Roll up and serve.
- Refrigerate leftovers within 2 hours.

Note: If you don't have hoisin sauce, you can substitute: 1/2 cup ketchup, 2 tablespoons brown sugar, 1/2 cup low-sodium soy sauce, 1 teaspoon garlic powder, 1/2 teaspoon galt, 1/4 teaspoon pepper, and a dash of hot sauce.

Makes 12 servings Serving Size: 1 taco

(1/3 cup pork on tortilla with 1/3 cup slaw)

Cost per recipe: \$10.44 Cost per serving: \$0.87



This institution is an equal opportunity provider. This material was partially funded by USDA's Supplemental Nutrition Assistance Program — SNAP.

## Nutrition facts per serving:

250 calories; 10g total fat; 1.5g saturated fat; 0g trans fat; 50mg cholesterol; 350mg sodium; 20g total carbohydrate; 2g dietary fiber; 5g total sugars; 4g added sugars; 19g protein; 0% Daily Value of vitamin D; 2% Daily Value of calcium; 6% Daily Value of iron; 10% Daily Value of potassium

#### Source:

Rosie Allen, NEP Special Projects, University of Kentucky Cooperative Extension

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